

# COSSMANN AGILITY +

Based on the Agility Studies of  
Bernhard COSSMANN (1822-1910)  
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Play separate notes, then one beat, one measure, or one line slurred per bow. Slow to very fast. Use block fingering.

**A**

*f*

*etc.*

Continue the patterns down the A string, then the same on D, G, and C.

Use the following optional measures (Cossmann +) between measures 3 and 4 in each position, as desired...

*or/and* 3 3

**B**

*f* II I II I

*etc.*

II I II I

Continue the patterns down the cello as far as possible...

**C**

*f* III IV III IV III

IV III IV III

IV III

*etc.*

Continue the patterns up the cello as far as possible...